

Fall 2016

# September

Barry Farm

(202) 442-5328

1230 Sumner Rd SE, WDC, 20020

M/W/F 6:30am-8pm; S/S 9am-5pm

 MOVE • GROW • BE GREEN *with*  DPR  
DEPARTMENT OF PARKS AND RECREATION

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	5 <b>Labor Day - No classes</b> 	6	7	8	9	10
11 <b>Fall Programs Begin</b>	12 Junior Waves; 5:00pm-5:45pm	13	14 Senior L2S; 9am-10:10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	15	16 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	17 Shallow Aerobics; 9:15am-10am
18	19 Junior Waves; 5:00pm-5:45pm	20	21 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	22	23 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	24 Shallow Aerobics; 9:15am-10am Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm
25	26 Junior Waves; 5:00pm-5:45pm	27	28 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	39	30 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	1

# October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30	1 Shallow Aerobics; 9:15am-10am Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm
2	3 Junior Waves; 5:00pm-5:45pm	4	5 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	6	7 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	8 Shallow Aerobics; 9:15am-10am Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm
9	10 <b>Columbus Day - No Classes</b> 	11	12 YMCA Aerobics; 11:30am-12:15pm	13	14 YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:15am-10am	15 Shallow Aerobics; 9:15am-10am Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm
16	17 Junior Waves; 5:00pm-5:45pm	18	19 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	20	21 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	22 Shallow Aerobics; 9:15am-10am
23	24 Junior Waves; 5:00pm-5:45pm	25	26 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	27	28 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	29 Shallow Aerobics; 9:15am-10am
30	31 Junior Waves; 5:00pm-5:45pm	<b>Make up weeks (No Classes):</b> LTS/WA 2 Days/Week : October 9th—15th LTS Day/Week: October 16th—29th				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:30pm Shallow Aerobics; 6:45pm-7:45pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	3	4 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	5 Shallow Aerobics; 9:15am-10am Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm
6	7 Junior Waves; 5:00pm-5:45pm	8	9 Senior L2S; 9am-10:10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	10	11 <b>Veteran's Day - No Classes</b>  VETERANS' DAY	12 Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm
13	14 Junior Waves; 5:00pm-5:45pm	15	16 YMCA Aerobics; 11:30am-12:15pm	17	18 YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:15am-10am Shallow Aerobics; 9:00am-10am	19 Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm Shallow Aerobics; 9:15am-10am
20	21 Junior Waves; 5:00pm-5:45pm	22	23 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	24 <b>Thanksgiving Day - No classes</b>  Happy Thanksgiving	25 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	26 Parent & Child; 10:30am-11:40am Child L2S; 10:10am-1:00pm Shallow Aerobics; 9:15am-10am
27	28 Junior Waves; 5:00pm-5:45pm	29	30 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	<b><u>Make Up Weeks (No Classes):</u></b>  LTS/WA 2 Days/Week: November 13th—19th LTS 1 Day/Week: November 27th—December 10th		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b><u>Make-Up Weeks (No Classes):</u></b>  LTS/WA 2 Days/Week: Dec. 18th—24th, 2016 LTS 1 Day/Week: November 27th—December 10th				1	2 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves;	3 Shallow Aerobics; 9:15am-10am
4	5 Junior Waves; 5:00pm-5:45pm	6	7 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	8	9 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	10 Shallow Aerobics; 9:15am-10am
11	12 Junior Waves; 5:00pm-5:45pm	13	14 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	15	16 Senior L2S; 9am-10:10am YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am Shallow Aerobics; 6:45pm-7:30pm Adult L2S; 5:30p-6:40p Junior Waves; 5:00pm-5:45pm	17 Shallow Aerobics; 9:15am-10am
18	19	20	21 YMCA Aerobics; 11:30am-12:15pm	22	23 YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am	24 <b>Christmas Eve—No Classes</b> 
25 <b>Christmas Day—No Classes</b> 	26	27	28 YMCA Aerobics; 11:30am-12:15pm	29	30 YMCA Aerobics; 11:30am-12:15pm Shallow Aerobics; 9:00am-10am	31 <b>New Year's Eve - No Classes</b> 